

CERTIFICATE OF PARTICIPATION

This is to certify that

Lucas Kansu

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 02:17:47

PACE 10:34/km

GENDER 74 of 79

OVERALL 124 of 149

14 - 19 3 of 3

23 June 2019, Sun

Date



BoutTime

Signature

